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Editorial

I feel extremely delighted to share with the readers, the release of March month issue of SBS times, The month of March starts from the most colorful and vibrant festival of India - Holi - which is marked by much fun and fervor throughout the country and also in other parts of the world. Celebrating the triumph of 'good' over 'bad', this colorful festival falls on Phalgun Purnima, this falls at the end of February or in early March, as per the Georgian calendar. Songs, water balloons and bright colors are the major highlights of this vivid and lively festival. Bright colored powders, known as 'Gulal' are smeared on everyone's faces accompanied by splashing of colored water. These bright colors are believed to signify energy, life and joy.

The highlights of the issue are "Basant Bahar" a seasonal flower exhibition organised by the Nature Club of the institute. Placement was one of the major activity included in this Newsletter. The Institute also actively took part in the eleventh edition of Earth Hour by switching off all their electrical appliances for one hour in order to increase awareness. Blood Donation Camp, Magic Show on Scientific Awareness and educational trip of UG and PG students are other highlights of this issue.

Message for Students

It gives me immense pleasure to pen a few words as prologue to our in-house: SBStimes Newsletter, exclusively meant for churning out the latent writing talent which bears immense potential to sharpen your communication skill as part of your over all personality development.

The prestigious, SBSPGI since its inception in 1994 has made remarkable progress by following the mantra of student centric approach, whether it is in academics or in extra co-curricular activities.

The Departments possess a state of art infrastructure with equipped laboratories and highly qualified faculties. In addition, to develop excellent scientific and technical skills, the students are motivated not only to dream big but also encouraged to think unconventionally to face the challenges of the future and provide platform for successful career. It has been our constant endeavour to instill in our students ethical values hereby making them socially responsible citizens.

The Institution has stood for quality and excellence and still thrives to be the best in the years to come. As Zoey Sayward says "Don't wait for the perfect moment". Take the moment and make it perfect !".

Keeping our vision and mission of the Institution, we believe in **Imagine-Invent-Inspire**. This will help in the making of dynamic individuals in the society.

As the saying goes "Team Work makes the dream work". In Departments, we have committed team and the team is continuously responsible in achieving the vision and mission of the Institution.

I take this opportunity to express that every effort will be made to improve the existing best services to bring out the best for the welfare of our Institution and the growth of our students.

I wish the best for all our students, and the members of all the departments who reiterate their aims at providing the best in academic and extra-curricular fields. I believe that success is inevitable where these exist - Foresightedness, Firm Determination, Hard work and Discipline.

I wish all final year students a successful and rewarding career.

Prof. Veerma Ram (Head of Department)
Department of Pharmaceutical Sciences

Recent Placement - 2016-17

OMICS INTERNATIONAL, HYDERABAD

Selected as Trainee Life Sciences with Package of 2.90 Lac P.A.



Mr. Aditya Kothari
B.Pharm.



Ms. Akansha Samuel
M.Pharm.



Ms. Alpana Rawat
M.Sc. Micro.



Mr. Amandeep Singh
B.Pharm.



Mr. Amit Singh Jhaki
B.Pharm.



Ms. Ankita Singh
M.Sc. Biotech.



Ms. Apurva Sahu
M.Pharm.



Mr. Bikash Adhikari
M.Pharm.



Ms. Garvita Mishra
M.Sc. Biotech.



Ms. Kavita Rawat
M.Pharm.



Ms. Lata Bisht
M.Pharm.



Mr. Mudit Bhatt
M.Sc. Biotech



Mr. Amit Singh Jhaki
B.Pharm



Ms. Neha Raina
M.Sc. Biotech



Ms. Nitesh Barthwal
M.Sc. Micro



Ms. Prabhjot Kaur
M.Pharm



Mr. Pradeep Bhatt
B. Pharm.



Ms. Preeti Bhardwaj
M.Sc. Biotech.



Mr. Sonu Singh
M.Sc. Biotech.



Mr. Sahil Rawat
B.Pharm.



Ms. Sakshi Singh
M.Sc. Biotech.



Ms. Shobhna Devrari
M.Sc. Micro.



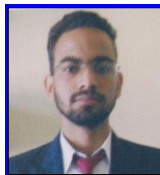
Ms. Surbhi Ghildiyal
M. Pharm.



Ms. Swati Gusain
M.Pharm

CIPLA, INDORE

Selected as Trainee Quality Control with Package of 1.68Lac P.A.



Mr. Aman Rajora
B.Pharm.



Mr. Ankit Prasad
B.Pharm.



Ms. Kanchan Joshi
B.Pharm.



Mr. Sumit Kumar
B.Pharm.



Ms. Sandhya Punetha
B.Pharm.



Ms. Pooja Pandey
B.Pharm.



Ms. Meenakshi Joshi
B.Pharm.



Ms. Kiran Kathait
B.Pharm.



Ms. Karuna Pandey
B.Pharm.

Campus Placement, CIPLA

A joint pool campus placement drive was organized by Training and Placement Office, SBSPGI in association with Cipla; Indore; SEZ and Macleods Pharmaceuticals Ltd; Baddi on 22nd January 2017. Both these pharmaceutical companies are having high reputation in India and overseas. More than 100 final year students of B. Pharm and M.Sc (Pharmaceutical Chemistry and Chemistry) appeared in interview for the post of trainee in Cipla and trainee QC in Macleods Pharmaceuticals Ltd. Apart from this walk-in-interview Cipla Ltd. also conducted other interviews for experienced candidates and more than 200 candidates appeared from all over India. The panel for the interview consisted of Mr. Ashutosh; HR and Mr. S S Kundu; Manager Q.C for Cipla and Mr. Baldev Thakur; DGM HR and Mr. Kamendra Rai, Senior QC Manager for Macleods Pharmaceutical Ltd.

Dr. Niki Nautiyal (T & P officer and Secretary) welcomed the interviewing panel of Macleods Pharmaceuticals Ltd and Cipla Ltd. The recruitment process started with brief introduction by Mr. Baldev Thakur from Macleods Pharmaceuticals Ltd and Mr. Ashutosh Singh from Cipla and Mr. Kamendra Rai also delivered a guest lecture on stability testing in pharmaceutical industry.

The panel members were felicitated with a memento by Prof. F.C Garg;

Director and Dr. Mamta F. Singh; Convener, T&P Office as a token of gratitude. Mr. Shashank Soni, Dr. Manjeet Kaur, Dr. Kumar Sachin members of T&P office were also present during placement drive.

After the final interview round 11 students for Macleods Pharmaceuticals were selected in which 04 students of B.Pharm, and 04 students of Applied Chemistry from SBS institute, 02 students of M.Sc. (Pharmaceutical Chemistry) from Dolphin Institute and 01 student of M.Sc. (Pharmaceutical Chemistry) from SGRR were selected.

Campus Placement, OMICS International

OMICS International, Hyderabad had conducted interview for the post of Trainee Life Sciences through Skype in Sardar Bhagwan Singh PG Institute of Biomedical Sciences and Research, Balawala, Dehradun. About 60 students of B.Pharm., M.Pharm. and various M.Sc. courses (final year) of the institute had participated. After interview 05 students of B.Pharm., 07 students of M.Pharm., 01 student of M.Sc. Chemistry, 07 students of M.Sc. Biotechnology and 04 students of M.Sc. Microbiology were selected by OMICS International, Hyderabad.

Seminar on Skin Care and Aesthetic Procedures

Sardar Bhagwan Singh P.G Institute, Balawala organized a seminar on "Skin Care and Aesthetic Procedures" on 9th March 2017. The seminar was aimed to create awareness among the youngsters regarding skin care and aesthetic procedures. The lecture was delivered by the eminent dermatologist Dr. (Mrs.) Simran Samit Mehta, MD (Skin & VD) of Guru Teg Bahadur Sahib Hospital, Dehradun. Dr.(Mrs.) Mehta discussed the common skin related ailments from which the students generally suffer. She also discussed about the various OTC (over the counter) products available in the market along with their demerits and advised students to always consult a dermatologist before applying any such products/medication on their body. Many queries related to facial makeup and aesthetic procedures were asked by the students during the interaction. Present on the occasion were Director, Prof. F.C. Garg, Administrative Officer, Col. (Retd.) I.P.S. Walia, Head of the Departments, Faculties and Students.



A Flower Show

"Basant Bahar" a seasonal flower exhibition was organized at Sardar Bhagwan Singh Post Graduate Institute of Biomedical Sciences at Balawala, Dehradun on 17th March, 2017. The programme was inaugurated by Dr. (Mrs.) Sheetal Singh accompanied by Chairman of the Institute Shri S.P. Singh, Managing Secretary Dr. Gaurav Deep Singh and Director of the Institute Prof. F.C Garg. A large number of varieties of flowers like Petunia, Geranium, Gerbera, Dahalia and Pansy etc. were at display. In addition, details of each flower and variety were also presented in the show. A large number of students, teachers and guests witnessed this fascinating flower exhibition.



Earth Hour

Sardar Bhagwan Singh Post Graduate Institute of Biomedical Sciences & Research, Balawala joined hands with the world wide campaign of switching off their lights for one hour between 8.30 pm to 9.30 pm to observe Earth Hour on March 25, 2017. To show their growing concern over climate change, students of the Institute actively took part in the eleventh edition of Earth Hour by switching off all their electrical appliances for one hour in order to increase awareness.

Earth Hour is an annual campaign started by the WWF (World Wide Fund for Nature). The event is held annually encouraging individuals, communities, households and businesses worldwide to turn off their non-essential lights for one hour, from 8:30 to 9:30 p.m. on the last Saturday in the month of March, as a symbol for their commitment to the planet. It also raise awareness towards the need to take action on climate change.



NDTA Workshop

Department of physiotherapy, organized 3days workshop programme on NDT (Neural development theory) and sensory integration on 2nd, 3rd and 4th March, 2017 for the 4th year students of Bachelors of physiotherapy. In which Dr. Reena Kumari and Dr. Parul Raj welcome the Hon'ble Chief Guest Dr. Prayash Rath (PT) MPT(Neurosciences), Manipal University certified-Neuro developmental therapist (C/NDT), NDTA, U.S.A. Who owns a clinic of his own by the name of Healing Touch Physiotherapy Clinic. In this workshop he enlightened students about different techniques of balance strategy and sensory inputs through sensory integration on Pediatric Children. He also performed experiment for demonstrating students different strategies of treatment on Cerebral Palsy children.

Ms. Novleen kaur
B.P.T Ist year

Blood Donation Camp

SBSPGI, Balawala organized a Blood Donation camp on 30th March under the aegis of IMA Blood Bank, Dehradun and Blood Bank, Himalayan Hospital, Jolly Grant, Dehradun. Chairman of the Institute Shri S. P. Singh and Director, Prof. F. C. Garg motivated students, faculty members and other staff to participate actively in this voluntary blood donation camp. Students, faculties and non-teaching staff actively participated in the noble campaign with great enthusiasm.

The donors went through a series of medical checkups before donating blood. The response to the camp was excellent. A total of 203 units of blood were collected. The donors were given the certificate of appreciation along with complimentary gift and fruit juice.



Scientific Awareness through Magic Show

The Indian Red Cross Society, Dehradun organised a Magic Show on awareness of superstitious belief and scientific awareness at Sardar Bhagwan Singh Post Graduate Institute, Balawala on 29th March of this year. The objective was to inculcate and develop a scientific outlook among the students so that the students get rid of their superstitious belief.

The event was presented by famous Magician V.K. Samrat and his team. After every magic the magician kept reminding the students that it is just a trick and illusion. The students were spellbound during this show. Present on the occasion were Director Prof. F.C. Garg, Administrative Officer Col. I.P.S Walia and various Head of the Departments and faculty members and students.



College Trip

Too many people destroy the job, but we say more the people more is the fun. When it comes to a trip with your buddies it is indeed the cherry on the top.

Our excitement knew no bound when finally we got our date fixed for the much awaited "College Trip", on 18th March 2017, bright sunny chilled morning, we were all set to "de-route Rajasthan" for a week. The excitement was a level high because we were accompanied by equally fun loving teachers as our partners in enjoyment.

All packed up in the bus, we started our journey with the "jaikaras" to Delhi from where we took our train to Jodhpur. For each one of us the night seemed to go by in a click. Gossips, games, speakers and loud music were add-ons to our journey.

Sun in the eyes, sand by our sides and best roads to ride, we were in Jodhpur. We hurried to our destination Hotel Madhuram Royale where we freshened up and got ready for our royal journey.

To begin with, we visited the palace of Jodhpur followed by Mehrangarh fort, the two mystic beauties of royalty. The big and wide spread boundaries, number of big rooms and the ethnic architecture mesmerized all of us. The evening was equally joyful as we had our pool party and after our dinner, all tired up we awaited our next morning.

Early morning we left for the land of golden snow, Jaisalmer. It took 6 hours of singing and we were in the midst of the sand dunes. There we enjoyed camel rides, jeep safaris, captivating sunset and not to forget the sand rolls. The night was a complete Rajasthani style with camping, bonfires, folk dance and music authentic rajasthani meal and a night under millions of stars.

The next day we visited the golden fort of Jaisalmer, Gadisar lake and then to our luxurious destination Hotel Bry's Fort. Refreshed by swimming we next went to the war memorial of Jaisalmer experiencing the bravery of Indian soldiers. And then it was the awesome DJ night.

After all this life time experience we took our train back to Dehradun capturing each and every moment of our trip.

Ms. Shreya Nidhi
BPT Final Year



National Conference (Spirit 2017), BHU

The students of pharmacy won 5 prizes in a National Conference (Spirit 2017) held at BHU. In quiz competition (genius mind) the team of Ms. Kavita, Ms. Lata and Rajendra won second prize.

In poster presentation Mr. Prashant won first prize in pharmaceuticals category, Ms. Kavita Rawat won second prize in Pharmacology, Ms. Rashmi got second and Ankita pant got third Prize in Pharmacognosy category.



New Joining



Dr. Anisha Adarsh
MPT Musculoskeletal
Deptt. Of Physiotherapy



Dr. Neha Menia
MPT Neurology
Deptt. Of Physiotherapy

Photograph of the Month



Manisha Mall

Manisha Mall
M.Sc. Micro 3rd Sem

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